CARDIOLOGIST Dr SUSAN KURUVILLA

3 consults + 3 Cardio-versions CONSULT 20/10/14 @ 11.50am

ME: My usual Marevan regimen (since 4/14) = 3,3,3,4 repeat.

LAST 2 INR

Wed 15/10 = 3.9 Dose 222-3334.

Today = 2.7 Dose 3334

SUSAN: Am I well? BP & Stethoscope heart beat done.

ME: Yes. Nausea & vomited twice while using Magnesium tablets so stopped & am supplementing with more Magnesium rich foods.

SUSAN: Echo is due in November appointment made for 25/11/14 @ 9:30 am.It will cost \$440:00, Medicare rebate \$196:10!

CONSULT 15/9/14 @ 12pm \$155

SUSAN: So I'm in AF?

ME: Yes AF since 9.20am yesterday

ME: Cardio-version is only option?

SUSAN: Yes.

ME: My usual Marevan regimen

(since 4/14) = 3,3,3,4 repeat.

LAST 2 INR

10/9 = 3.5 lower dose 2,2

15/9 = 2.3 - 3334

AF PROTOCOL

Q. What do I do when I go into AF?

SUSAN: Don't take loading dose.

FAST 6hrs NO <u>food</u> NO <u>water</u> OK to sip water to take pills. Milk is considered a solid food.

INTERNAL BLEEDING

ME: How do I know? What do I do?

SUSAN: Go to hospital for a scan if

head hit.

ME: I fell on granite rock on b'day. Swollen, red right eye socket/lid.

SUSAN: Looked at eye OK took blood pressure & felt lower legs.

SUSAN: Yes I have AF. I will go through to CCU, I should not have had cup of tea at 10.30 or any water, will have to postpone procedure for couple of hours.

1pm in waiting room, CVM rang me with INR result (I spoke to Cherry re: me in AF, my fall & CV.

1.10 Haley walked us through to CCU.

10/3/14 Monday 12.50

INR Wed 5/3 = 2.7 Flexi 4 mg
AF 3:40am Sat 8/3

ME: After cardioversion 13/2/14 I felt that my heart wasn't working as well as it previously has after this procedure. Since then. I have had intermittent daily bouts of

arrhythmia. Ending in AF on Sat morning.

AMIODARONE

Not keeping AF at bay

May be contributing to eye damage.

Thyroid now has multi nodular cysts.

What are my options?

What are the risks? Marfans?