

HOLLYWOOD PRIVATE HOSPITAL

ASSESSMENT BAY 7

CARDIO-VERSION # 10

Thursday 18/2/16 @ 8:00am

Arrive ADMISSIONS @ 6:45am

DAY SURGERY & 7:00am

ASSESSMENT Bay 7 @ 7:20am

DISCHARGE @ 10:30am

CARDIOLOGIST: Susan Kuruvilla

ANAESTHETIST: Dr Harmeet Aneja

**Last Cardio-version 10 days ago
8/2/16**

Went to Admissions, me only person. They couldn't trace me. Rang through to Assessment, 'Yes they are expecting to receive me'. Escorted through to Day Surgery which was crowded with patients

lounging on micro-fibre covered recliners. Thought I may have a long wait but I was called first. Goodo!

Firstly, we were escorted to a small office where I had to answer all the usual questions for more/same paperwork - personal details, medical history, allergies,.... put my hospital 'bangle' on.

Then another woman came looking for us & quickly escorted us to Day Surgery, gowned up, had my own cupboard so was told to leave my clothes as I would be coming back after procedure (? not usual practise). A few mins of waiting then (woman called Pat) came & introduced herself & said she would be wheeling my bed through to Assessment.

We, including Greg, took 'The scenic, circuitous route' through

Operating Theatre Area to BAY 7. I was the only patient in Assessment! Yay!

Only nurse AMANDA SHAW was on duty & she was surprised to see me so soon. Me too! She is a sweet, empathetic & efficient nurse.

She did all the usual prep work - ECG, took my temperature, BP monitor on right arm & oxygen clip on my right index finger.

Susan arrived first, she put my zap pads on, front one higher than usual. Harmeet arrived 15 mins later.

Harmeet inserted the cannula into; at my request, my left forearm.

Then also did INR through cannula as my last night 8:45pm INR was 4.5 - bit high. Amanda gave me an oxygen mask to put on, Harmeet told me to shut my eyes, think of

nice things, relax... When I came to, Susan said procedure went all good.

Greg came back from visitor room after Harmeet had spoken to him in visitor room. Susan was surprised to see him so soon.

Susan gave drug protocol for the next few days:

200mg Amiodarone 3 X today

200mg Amiodarone 2 X tomorrow

200mg Amiodarone 2 X Saturday

200mg Amiodarone mane Sunday - usual dose.

Susan also wants me to try magnesium supplements again even though I previously have vomited when having them. She wasn't too concerned & suggested I try again to see if I do vomit

again. Okay! She wished us a good week in Melbourne, then left.

Amanda gave me some water & said that Susan wanted me to have a magnesium infusion. I have a slight intolerance to these, so I have it slowly over 90 mins instead of the usual 60 mins followed by a 20 min saline flush.

Amanda gave me some water. A hospital worker came & asked if we would like some sandwiches to eat? No! She then said I could have a cup of coffee or tea & some biscuits, I said coffee & biscuits for me tea & biscuits for Greg.

After the drip I had to go for a non-dizzy walk & have a wee. Done! Got dressed in my own clothes. Amanda rang through to get my INR it was 4.1 so no warfarin for me tonight. She took my cannula

out, it didn't bleed. We bid her farewell.

AT HOME - my chest scorch mark this time has been extremely itchy & slightly stings, I really want to scratch it!

I have not experienced this degree of discomfort before.

I gently rubbed on I variety of soothing rubs: Sorbolene, Aloe vera, Sting Goes & Cetaphil but still it itches uncomfortably.

The scorch marks are blotchy & concentrated on my rib cage bones. In the past I have had an even 'iron scorch mark' which is mildly itchy.



The intense itchiness lasted 40 hours or so & then back to usual slight 'sun burn' itchy.