

HOLLYWOOD PRIVATE HOSPITAL

ASSESSMENT BAY 7 1/4 1/2 3/4

CARDIO-VERSION # 11

Thursday 3/3/16 @ 9:15am

Arrive ADMISSIONS @ 6:35am

DAY SURGERY & 7:20am

ASSESSMENT Bay 7 @ 7:40am

DISCHARGE @ Noon

CARDIOLOGIST: Susan Kuruvilla

ANAESTHETIST: Dr Harmeet Aneja

Last Cardio-version 18/2/16

I arrived at the Day Surgery waiting room, chockablock! Greg came in a few mins later after parking the car. Called to desk 3, did the usual paperwork & got my hospital bangle on, staff know me so I can get away with not doing

all the paperwork that is required usually. We were escorted through to an empty Day Surgery ward. Met my nurse, went to loo, then gowned up, put my clothes in the cupboard. Nurse did my Obs & more paperwork. About **1/2 hour of waiting (Pat) came wheeled my bed through to Assessment BAY 7. Again, I was the only patient in Assessment! Yay!**

Only nurse AMANDA SHAW was on duty & she was surprised to see me so soon. I was bit teary eyed.

She did all the usual prep work - ECG, took my temperature, BP monitor on right arm & oxygen clip on my right index finger.

Susan arrived at about 8:30 & asked how I was. I caught her off guard when I started to say not good & started to weep. We talked about Arie's advice that I should

stop taking Amiodarone & see how I cope for 3 months in AF.

She was sympathetic but clearly not sure what to do she said that after awhile I would probably not notice that I was out of rhythm.

She then disappeared because Harmeet was running late. He later rang in to say that he would not be available until 9:15. When he did arrive, asking how I was again I couldn't stop myself from crying. I told Greg to go to the visitors room. Harmeet was very sweet & tried to reassure me but I wasn't really up for chatting.

Susan came back, put my zap pads on, Harmeet inserted the cannula into my left forearm. We didn't exchange many words. Harmeet put my oxygen mask on, told me to shut my eyes, think of nice things, relax... When I came to, no AF!

Susan & I said we would see each other at my next 21/3 consult.

Greg came back from visitor room after Harmeet had spoken to him suggesting we may like to get a 2nd opinion (as had Arie & Susan) regarding cardio-version & ablation. He is currently working with the French Dr who invented cardio-versions. He is in Perth for 1 year but Harmeet doesn't know whether he is able to consult but said that might be an option for me.

Susan also spoke to Greg saying she had not expected to see me crying as she has never seen that side of my personality.

Amanda did a hand over to a day Surgery clinical nurse & I was wheeled back to Day Surgery ward where I was given a warm blanket,

offered coffee sandwiches &/or toast.

Ate toast & drank coffee, went to loo, told I had to stay for 3 Obs & was allowed to go at midday.

Both Greg & I were exhausted but glad to be going home.