

# **HOLLYWOOD PRIVATE HOSPITAL**

**CARDIOLOGIST: Dr Susan Kuruvilla**

**ANAESTHETIST: Dr Harmeet Aneja**

**Last Cardio-version 10/3/14**

**Today, Monday 15/9/14 CARDIO-  
VERSION C.C.U. ROOM 2 @ 4.45**

**ADMISSION 1.10pm DISCHARGED  
8.40pm?**

**1.10 Haley walked us through to  
CCU. I was in room 2. Wee, bed  
gown on, hospital tag on, BP right  
arm, 128/80 left arm 151/82.**

**Different readings Ok maybe air in  
monitor.**

**Nurse Daisy asked if I was allergic  
& if I knew my INR result.**

**Allergic to Morphine. INR 9.30am  
today 2.3. Last warfarin dose 3mg  
6pm last night.**

**Nurse Anthony put cannula in my  
right forearm & also drew some**

**blood. A bit painful. Finished  
1.37pm.**

**Greg got to eat my lunch (braised  
steak, boiled potato & beans) & a  
cup of tea.**

**1.45pm I took 2PF + D with very  
small sip of water.**

**Daisy noted, that I had done so.**

**Daisy brought in the Patient Health  
History 4 page form Greg has to fill  
in every time I am admitted.**

**1.50 Daisy said that my procedure  
will be done at 3.30-4pm, Harmeet  
will anaesthetise me.**

**2.56pm SUSAN came to tell me CV  
will be done in  $\frac{3}{4}$  of an hour or so.**

**3.10pm Nurse Meagan right arm  
only BP 120/68 more fiddling with  
monitors etc.**

**3.45pm DR (Registrar) Mohamed  
checked meds & listened to heart.**

**3.55 pm Anthony stuck his head in to say Harmeet running late be another 1/2 hour.**

**4.05 Meagan came I told her Harmeet 1/2 hour late, she quizzed me on why I wasn't having procedure in Assessment, I gave her the entire story. She agreed.**

**4.45 Susan, Meagan & Harmeet in, Greg out. Harmeet greeted me as old friend & while putting mask on me, said I have lovely hair. :)**

**5.15pm I rouse by Meagan & Greg waking me up. I am drowsy for 15 mins or so.**

**When I'm more fully awake, Greg told me that he had done the Q&A that I had requested of him with SUSAN when she was leaving, her munching nicked biscuits, coyly!**

**Stay on my usual dose of Maravan. Have INR done on Thursday.**

**Take 2 Magnesium tablets daily & she will probably see me in a few weeks.**

**6pm Meagan puts 1hour Magnesium drip + 15min saline flush in drip line. I am now allowed to drink some water!**

**6.30pm Dinner. Greg's already had tea & bickies, but my meal is large & NOT heart diet. Cream of vegie soup + wholemeal roll, margarine, salt & pepper! Chicken Biriani, pumpkin, peas, a pappudum & mini naan. Greg eats about 1/2, good he won't need to cook dinner tonight.**

**From here on we mostly just were tired & bored & wanting to depart.**

**At some point Suzey from Admissions came with forms for me to sign, including the \$25 fee for incidentals, I said I was not staying overnight, I still had to**

**sign but she said I would NOT have to pay it if I did not stay overnight.**

**7.45 Meagan asked if I had my Maravan with me, I said no that I would wait until I got home, she went & got me 3, 1mg pills.**

**8pm Meagan & I pulled all my ECG patches off & she gave me the OK to get dressed. I did, we waited.**

**8.15 Meagan returned to remove my Cannula & sticky plasters, a tad painful but glad to be going, she stuck a wad on the insertion area, gave me a sticky circle to use at home & then discharged me with a bottle of Magnesium tablets. I asked what they would do for me. She said they are an electrolyte & would help my heart stay at an even beat. The good measure of Mag = 1, mine = 0.7 a bit low? Meagan kindly escorted us out, charming & efficient nurse.**

**8.40-ish home took Karvea & as it was a 4mg night, took 1mg Maravan + O + G. Showered, then slouched on the couch until bed time.**

**I was not expecting to get zapped so soon, but glad it is done.**

**Tuesday 16/9/14 - Heart felt good but by 10 am fatigue starting. 2pm dozed & fell asleep on couch 2 hours. By the evening my scorch on my back needed extra Sorbolene, Greg put some on me at bed time, he could clearly see the pad outline, itchy.**